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# KIRKLAND WI DECEMBER 2024 NEWSLETTER

THE NEXT MEETING IS AT KIRKLAND MEMORIAL HALL DECEMBER 11TH AT 7.30PM

HOSTESSES: COMMITTEE

# KIRKLAND WI DECEMBER SOCIAL MEETING 11<sup>TH</sup> DECEMBER

OUR CHRISTMAS SOCIAL IS A JACOB'S
JOIN WITH

STAND-UP BINGO AND MAKING
CHRISTMAS ORIGAMI DECORATIONS

PLEASE BRING A SAVOURY OR SWEET AND YOUR OWN CROCKERY & CUTLERY

BRING A PHOTO OF YOURSELF AS A YOUNG WOMAN (18-30YRS) SO THAT WE CAN ALL JOIN IN WITH A WHO'S WHO GUESSING GAME!



Thinking ahead to our January 2025 meeting - a Quiz night hosted by the committee with our usual tea and cake.

IF YOU HAVE A QUIZ, PLEASE BRING 4 OR 5 COPIES FOR EACH TABLE

# The General Data Protection Regulation (GDPR)

In Kirkland WI, we currently share our names, addresses, telephone numbers and email addresses with each other on a PDF document. This is GDPR compliant if you agree that your name/details can be on the list. If you would like your name and/or any part of your details to be removed from the list, please let me know.

# LFWI NEWS - events are available to book on

# https://lancashirewi.org.uk/event-booking



Join Alysia Gilda, our well-known dance teacher, for this taster event. Silver Swans Ballet has been specifically designed for those over 55's to improve coordination, posture, and mobility. This taster session allows you to have a go and if you enjoy it, you will be able to join a Silver Swans Ballet Class near you. After a short break, Alysia will lead us into a dance/keep fit session. Please wear comfortable clothing and footwear. Closing date for bookings is Monday 24th February.

Join us at Parbold WI Hall for International Women's Day. We will be celebrating with a delicious afternoon tea and a talk by Steve Williams, the subject of which is aptly named 'Lancashire Lasses'. Steve is a member of the Chorley Historical Society and is an expert on all matters relating to Lancashire. Learn more about the famous and important women who have put Lancashire on the map. The afternoon will close with a short performance from Parbold's Ukelele Group.





#### LFWI ANNUAL COUNCIL MEETING

Saturday 29<sup>th</sup> March 2025 at the Lowther Pavilion Theatre, Lytham FY8 5QQ

1 pm - 4.30 pm (Doors open at 11.30 am)
Observer Tickets £10

Our ACM will once again be held in Lytham and follow a similar format to last year. Prior to the meeting start, there will be an opportunity to browse our popular 'Makers Market' which will be held in the room adjacent to the auditorium.





Our main speaker is Helen Pankhurst CBE, great granddaughter of Emmeline Pankhurst. Helen is a local, national and international women's rights' activist and coalition convenor, academic, university chancellor, international development worker, author and speaker.



Alongside the business of the meeting

and presentations, we will also hear from more of our talented members. We will finish the meeting with a musical finale by the Hummingbirds singing trio.

All delegate tickets have now been allocated and will be issued with observer tickets. Observer tickets will be available to purchase from our website from Tuesday 7th January and there is a maximum limit of 8 observer tickets per WI. Please note this is the maximum and not an automatic allocation of 8 tickets per WI. Do not include your delegate ticket in this number. You may wish to purchase in groups or individually, but we would be grateful if your WI could ensure numbers do not exceed the limit. The closing date for bookings will be Monday 24th February

**Bursary for members with a Fulwood postcode** - A proportion of the Josephine Wilcox Bursary was bequeathed for use by members with a Fulwood postcode and is to be used for educational courses and workshops. If members would like to apply to benefit from this bursary, please ask them to send in their details, including their address to LFWI Offices, preferably by email and the responses will be reviewed by the Board of Trustees. Interested parties should respond by Monday 3<sup>rd</sup> February.

## LFWI – THE JOY MORGAN BURSARY

WI Member Joy Morgan left a bursary to three Federations to distribute to WI members annually. The bursary was originally to be used for a residential course at Denman College as Joy visited the college on numerous occasions as a WI member in Lancashire, Surrey, and Hampshire. She joined members from all over the country in learning new skills, trips abroad, and generally enjoying the company and atmosphere that Denman offered.

Since Joy sadly passed away, Denman College has been sold and courses are now offered via the WI Learning Hub. Joy's legacy can still allow a member to enjoy a similar experience by providing course or tutor fees and travelling expenses to a recipient, provided the course is educational. (It does not need to be a residential course). This year the bursary is offered to individuals within WIs to apply, and the value is £300. Please cascade this information to your members and make the form available to them. It can also be downloaded from the LFWI website.

Please complete the form below and return it to the Federation Secretary, by post or email. LFWI Offices, Croston House, Lancashire Business Park, Leyland, PR26 6TU. officeadmin@lfwi.org.uk

The closing date for applications is Monday 17<sup>th</sup> February 2025. The winner will be drawn at the ACM in Lytham on 29<sup>th</sup> March 2025. The bursary must be spent by the end of the LFWI financial year which is 30<sup>th</sup> November 2025. The successful applicant would be expected to give feedback to the Board on their experience.

Name of member
Email address
Please give details of the course/courses you may wish to attend:

SEE BELOW FOR INFORMATION ON THE 2024/25 PROPOSED RESOLUTIONS

## **NFWI NEWS**

# The 2024/25 proposed resolutions are below and we will be voting on them at the January meeting

#### 1. Let's talk about incontinence

It is estimated that 14 million people in the UK of all ages are suffering from bladder problems and a further 6.5 million with bowel problems. However, it is still a subject that is misunderstood and very hard to talk about. We call upon the UK Secretary of State for Health and Social Care and Wales' Cabinet Secretary for Health and Social Care to examine in detail all areas of health and wellbeing that are affected by incontinence issues. We call for the government to commit to an up-to-date audit to provide a national picture of incontinence care, offering a baseline from which to drive improved services. We call upon the members of the WI to raise public awareness, remove the stigma around incontinence, to help reduce the significant impact on people's lives.

#### 2. Bystanders can be lifesavers

There are over 30,000 out-of-hospital cardiac arrests a year in the UK, and less than one in ten people survive. Women have a lower chance of surviving than men. Early cardiopulmonary resuscitation (CPR) and defibrillating can more than double the chances of survival. We call on WI members to work together to increase public confidence and training in the delivery of CPR and to work with local organisations to help improve access to defibrillators in their communities to give every person the best chance of surviving a cardiac arrest.

### 3. Join the repair revolution

There is a huge excess in clothing production which has devastating consequences for the environment. The WI calls on the UK Government to join the repair revolution and strengthen the law and investment to support a circular economy of clothing and fabrics in the UK, where repair and reuse are achievable, accessible, and affordable to all. We also call on WI members to promote clothing reuse and repair in their communities.

#### 4. Eliminate landfill of medication packaging

Medication packaging, due to its complexity, is not routinely recyclable through local authority collections, usually leading to disposal in landfills. We call on the WI to proactively raise awareness by encouraging additional collection points where empty packaging can be easily returned for recycling. Furthermore, we call on manufacturing companies to acknowledge their moral responsibility to reduce their environmental impact by exploring simpler packaging alternatives that are easier to recycle or have less impact on the environment. These steps can significantly improve recycling rates to move towards eliminating landfill.