



theWI
INSPIRING WOMEN

www.kirklandwi.co.uk

THE NEXT MEETING IS AT KIRKLAND MEMORIAL HALL JANUARY 10TH 7.30 PM.

Hostesses for the January meeting are the Committee

The January meeting is a quiz and games night with home-made Hotpot supper and sweets from the Churchtown Ladies at £7 per person.

For those of you who have ordered a meal, **please bring cash, crockery, cutlery** on the night.

AT THE MEETING WE WILL BE VOTING FOR THE 2024 WI RESOLUTIONS. EACH MEMBER HAS ONE VOTE. THE PROPOSED RESOLUTIONS ARE:

- DENTAL HEALTH MATTERS
- IMPACTS OF POOR HOUSING CONDITIONS
- SAY NO TO GAMBLING ADVERTISING
- IMPROVING OUTCOMES FOR WOMEN IN THE CRIMINAL JUSTICE SYSTEM

If you are not coming to the meeting, but want to vote – please let me know your choice by email before the meeting.

LFWI AND NFWI NEWS AND EVENTS

MAKE SURE YOU SCROLL TO THE END OF THE NEWSLETTER TO SEE AN IMPORTANT LETTER FROM LFWI CHAIRMAN HEATHER WILLIAMS ABOUT EXCITING CHANGES TO THE ANNUAL COUNTY SHOW!

LFWI Annual Council Meeting - Saturday 13th April 2024 at Lytham Pavilion Theatre 1pm – 4.30pm

Tickets £10 – available to purchase from LFWI website Monday 8th January

Knit-a-long - Saturday 27th January, LFWI Offices, Croston House, Leyland
from 10am onwards £5.00

[BOOK HERE](#)

A knit-a-long is where a group of knitters simultaneously work together on the same project - it's one big LFWI event. Send along a representative (or two) from your WI to start the ball rolling. They will then cascade all the starter instructions to your WI and at the end of 10 weeks, we will all have a knitted scarf to show for it. DK Yarn and size 8 (4mm) needles are all you need to bring. If you have any questions at all, just email the office and these can be forwarded on to the organiser.

Write that Book with Rhona Whiteford - Saturday 17th February LFWI
Offices, 10am - 3.30pm £20.00

[BOOK HERE](#)

Whether you want to write for your own interest and enjoyment, or with a view to getting published for a wider audience, in this workshop with Rhona Whiteford, you will learn from an established author who will set you on the right track. Closing date 31st January 2024.

International Day - New Zealand, Monday 11th March 10am - 3.30pm,
Samlesbury Memorial Hall £20.00

[BOOK HERE](#)

Join the Public Affairs team for International Day 2024. Our chosen country will be New Zealand and there will be a variety of activities such as quiz, wine tasting, story telling, Maori art and food tasting. Tea/Coffee and biscuits will be served on arrival and a picnic lunch will be provided. Closing date for bookings is Monday 26th February

Learn to Play Whist - Thursday 14th March, LFWI Offices, Leyland 10am -
12.30pm £5.00

[BOOK HERE](#)

Join the Lifestyle team for a fun morning learning how to play Whist. We aim to give you the basic rules which are not at all complicated. Light refreshments will be provided. Closing date for bookings is Thursday 29th February.

Spring Willow Weaving Tuesday 9th April, LFWI Offices, Leyland, morning
session 10am - 1pm £20.00

Learn how to make a Swallow and Bird Feeder out of Willow. Jovanka will show you techniques to make both items. This course is suitable for beginners and those who have worked with willow before. There will be a charge of £10 for materials which is payable to the tutor on the day. Please note this event is open to WI members only.

[BOOK HERE](#)

**Spring Willow Weaving Tuesday 9th April, LFWI Offices, Leyland,
afternoon session 1.30pm - 4.30pm £20.00**

Learn how to make a Swallow and Bird Feeder out of Willow. Jovanka will show you techniques to make both items. This course is suitable for beginners and those who have worked with willow before. There will be a charge of £10 for materials which is payable to the tutor on the day. Please note this event is open to WI members only.

[BOOK HERE](#)

**A Passion for Pearls Luncheon - Monday 22nd April,
Farington Lodge, Stanifield Lane, Leyland PR25 4QR £26.00**

Please note that this event is open to WI members only. Come and enjoy a delicious two-course lunch, followed by a talk by Frances Carlow entitled 'A Passion for Pearls'. Frances was a WI speaker on twelve Federation lists and a tutor at Denman College for seven years. She brings with her a collection of pearl jewellery, which she sources, designs and makes herself, for you to handle and purchase.

Menu

Pan fried chicken breast, tender stem broccoli, roasted new potatoes and salsa verde

OR

Beetroot Bourguignon, chive mash, roasted carrots and shallots V VG GF

followed by:

Pear and Frangipane Tart with toffee ice cream

OR

Fresh fruit salad

When booking, please could you specify your meal choices in the space provided. The menu includes vegetarian and gluten-free options. Closing date for bookings is Monday 25th March.

[BOOK HERE](#)

**Pearl Knotting Workshop Tuesday 23rd April, LFWI Office, Leyland 10am -
3.30pm £20.00**

Please note there is an additional cost payable to the tutor on the day for the kits. Please see below and ensure that you specify your kit choice in the space provided. This course will teach you how to make a knotted pearl necklace OR bracelet and earrings.

Kit 1 includes everything you need to make a pearl necklace valued at £95. The cost for this kit is £50.00

Kit 2 includes everything you need to make a pearl bracelet and earrings valued at £63. The Cost for this kit is £34.50

Frances will explain the difference between real pearls and fake pearls and regale you with stories as you work. The closing date for bookings is Monday 18th March. This event is open to WI members only.

[BOOK HERE](#)

Letter from the LFWI Chairman Heather Williams.....



LFWI County Show 2024

Dear Members,

We are making changes to the County Show for 2024, as we are moving away from the Garstang Golf Hotel. Due to cost, time and effort, the Federation has found it unsustainable in its recent form and wants to move onto a more inclusive format in a more central part of the County.

To coincide with the weekend of WI Day, we are holding a one-day showcase at Chorley Town Hall on Saturday 14th September with fewer classes and fewer items to be judged. Chorley has plentiful parking, a wide variety of eateries, lovely shops, and an excellent market with more footfall from the public which we hope to attract.

The classes will include a Cooperative judged by a public vote, Arts, Crafts, Creative Writing, Floral art, Papercraft, and a Children's section. The theme this year is UNDER the SEA but not all classes require you to stick to this theme.

Entries will be collected and judged at the LFWI offices in Leyland before the event and transported to Chorley Town Hall for display.

You will notice there are no Cookery, Preserves or confectionary classes as we intend to hold a separate event to showcase these items at another time of the year, along with a Chef demonstration.

We trust you will support our event in 2024. The full schedule is on the LFWI front page [HERE](#). If you have any questions, from January there will be a dedicated email address to use for this event - showcase@lfw.org.uk

Please carry on crafting, baking and furthering your skills and help us to launch this new format in 2024. I hope you are as excited as we are to try something a little different, that may be adjusted for future years.

Best wishes –
Heather Williams
Chairman LFWI

LFWI PHOTOGRAPHS FOR THE CALENDAR 2025

Theme – 'The Rivers of Lancashire' (Includes the Federation area)

- Images should be submitted digitally by email or as images on a CD/DVD. This is to ensure the images are high quality and suitable for reproduction.
- Each image must be accompanied by a short (up to 200 words) description of the photograph. This will be printed on the reverse of the calendar page.
- Images should primarily be in landscape format although a portrait image will be chosen for the front cover. No more than 10 images per member and they must have been taken by the member herself.
- When you send your entry, please remember to include your name and WI.
- Photographs should be emailed to officeadmin@lfwi.org.uk or CDs sent to; The Federation Secretary, LFWI, Office 8 Croston House, Lancashire Business Park, Centurion Way, Leyland, PR26 6TU.

The final date for accepting photographs is Thursday 22nd February 2024

NFWI Annual Meeting – Royal Albert Hall - 5th June 2024

Tickets priced £28 will go on sale on the LFWI website on Monday 30th October and the closing date to book will be early January.

You will need to pay for your own travel arrangements and tickets are non-refundable.

AND FINALLY.....HAVE A HAPPIER JANUARY!

Happier January 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Find three things to look forward to this year	2 Make time today to do something kind for yourself	3 Do a kind act for someone else to help brighten their day	4 Write a list of things you feel grateful for and why	5 Look for the good in others and notice their strengths	6 Take five minutes to sit still and just breathe
7 Learn something new and share it with others	8 Say positive things to the people you meet today	9 Get moving. Do something active (ideally outdoors)	10 Thank someone you're grateful to and tell them why	11 Switch off all your tech at least an hour before bedtime	12 Connect with someone near you - share a smile or chat	13 Take a different route today and see what you notice
14 Eat healthy food which really nourishes you today	15 Get outside and notice five things that are beautiful	16 Contribute positively to your local community	17 Be gentle with yourself when you make mistakes	18 Get back in contact with an old friend	19 Focus on what's good, even if today feels tough	20 Go to bed in good time and allow yourself to recharge
21 Try out something new to get out of your comfort zone	22 Plan something fun and invite others to join you	23 Put away digital devices and focus on being in the moment	24 Take a small step towards an important goal	25 Decide to lift people up rather than put them down	26 Choose one of your strengths and find a way to use it today	27 Challenge your negative thoughts and look for the upside
28 Ask other people about things they've enjoyed recently	29 Say hello to a neighbour and get to know them better	30 See how many people you can smile at today	31 Write down your hopes or plans for the future			

ACTION FOR HAPPINESS

Happier · Kinder · Together