

HAPPY NEW YEAR!

theWI
INSPIRING WOMEN

www.kirklandwi.co.uk

KIRKLAND WI JANUARY 2025 NEWSLETTER

THE NEXT MEETING IS AT
KIRKLAND MEMORIAL
HALL ON JANUARY 8TH AT
7.30PM

HOSTESSES: COMMITTEE

OUR JANUARY MEETING is a Quiz night hosted by the committee with our usual tea and cake. We will also have the opportunity to discuss and vote for the proposed 2025 resolutions (see below for more details).

IF YOU HAVE A QUIZ, PLEASE BRING 4 OR 5 COPIES FOR EACH TABLE.

2025 RESOLUTIONS

1. Let's talk about incontinence

It is estimated that 14 million people in the UK of all ages are suffering from bladder problems and a further 6.5 million with bowel problems. We call upon the UK Secretary of State for Health and Social Care to examine in detail all areas of health and wellbeing that are affected by incontinence issues and to commit to an up-to-date audit to provide a national picture of incontinence care, offering a baseline from which to drive improved services. We call upon the members of the WI to raise public awareness, remove the stigma around incontinence, to help reduce the significant impact on people's lives.

2. Bystanders can be lifesavers

There are over 30,000 out-of-hospital cardiac arrests a year in the UK, and less than one in ten people survive. Women have a lower chance of surviving than men. Early cardiopulmonary resuscitation (CPR) and defibrillating can more than double the chances of survival. We call on WI members to work together to increase public confidence and training in the delivery of CPR and to work with local organisations to help improve access to defibrillators in their communities to give every person the best chance of surviving a cardiac arrest.

3. Join the repair revolution

There is a huge excess in clothing production which has devastating consequences for the environment. The WI calls on the UK Government to join the repair revolution and strengthen the law and investment to support a circular economy of clothing and fabrics in the UK, where repair and reuse are achievable, accessible, and affordable to all. We also call on WI members to promote clothing reuse and repair in their communities.

4. Eliminate landfill of medication packaging

Medication packaging, due to its complexity, is not routinely recyclable through local authority collections, usually leading to disposal in landfills. We call on the WI to proactively raise awareness by encouraging additional collection points where empty packaging can be easily returned for recycling. Furthermore, we call on manufacturing companies to acknowledge their moral responsibility to reduce their environmental impact by exploring simpler packaging alternatives that are easier to recycle or have less impact on the environment. These steps can significantly improve recycling rates to move towards eliminating landfill.

LFWI 2025 FUN QUIZ

We have entered a team for the LFWI Fun Quiz on Monday 24th March 2025 – 7.30 pm – 10.00 pm at Broughton Village Hall. Please let us know if you would like to be a team member.

You can buy a ticket for the LFWI Annual Council Meeting (see below) **from 7th January** from the LFWI website <https://lancashirewi.org.uk/event-booking>



LFWI ANNUAL COUNCIL MEETING

**Saturday 29th March 2025 at the Lowther Pavilion Theatre,
Lytham FY8 5QQ**

1 pm – 4.30 pm (Doors open at 11.30 am)

Observer Tickets £10

Our ACM will once again be held in Lytham and follow a similar format to last year. Prior to the meeting start, there will be an opportunity to browse our popular 'Makers Market' which will be held in the room adjacent to the auditorium.



Our main speaker is Helen Pankhurst CBE, great granddaughter of Emmeline Pankhurst. Helen is a local, national and international women's rights' activist and coalition convenor, academic, university chancellor, international development worker, author and speaker.



Alongside the business of the meeting and presentations, we will also hear from more of our talented members. We will finish the meeting with a musical finale by the Hummingbirds singing trio.

All delegate tickets have now been allocated and will be issued with observer tickets. Observer tickets will be available to purchase from our website from Tuesday 7th January and there is a maximum limit of 8 observer tickets per WI. **Please note this is the maximum and not an automatic allocation of 8 tickets per WI. Do not include your delegate ticket in this number.** You may wish to purchase in groups or individually, but we would be grateful if your WI could ensure numbers do not exceed the limit. The closing date for bookings will be Monday 24th February

LFWI EVENTS



Silver Swans Ballet
Taster & Keep Fit -
Friday 7th March
10.30am - 12.30pm at
Barton Village Hall
PR3 5AZ

£8.00

Join Alysia Gilda, our well-known dance teacher, for this taster event. Silver Swans Ballet has been specifically designed for those over 55's to improve coordination, posture, and mobility. This taster session allows you to have a go and if you enjoy it, you will be able to join a Silver Swans Ballet Class near you. After a short break, Alysia will lead us into a dance/keep fit session. Please wear comfortable clothing and footwear. Closing date for bookings is Monday 24th February.



International
Women's Day at
Parbold WI Hall -
Saturday 8th March 1 -
4pm

£15.00

Join us at Parbold WI Hall for International Women's Day. We will be celebrating with a delicious afternoon tea and a talk by Steve Williams, the subject of which is aptly named 'Lancashire Lasses'. Steve is a member of the Chorley Historical Society and is an expert on all matters relating to Lancashire. Learn more about the famous and important women who have put Lancashire on the map. The afternoon will close with a short performance from Parbold's Ukelele Group.